Asthma Assessment

Symptoms
- Wheezing
- Cough (describe)
- Shortness of Breath
- Chest Tightness
- Activity Intolerance

Symptom Frequency
- Daytime
- Nighttime (sleep disruption?)
- School Absence

Triggers
- Infection
- Exercise
- Cold Air
- Allergies
- Irritants

Therapy
- Bronchodilator (helpful?, how often used?, how administered?)
- Oral Steroids (helpful?, how many courses?)
- Other controllers

Work-up
- Spirometry
- Chest x-ray
- Allergy Testing

History
- Allergic Rhinitis
- Eczema
- Prematurity of LBW
- BPD
- RSV when < 6 months
- GER
- Sinusitis

Healthcare
- Physician calls and unscheduled office visits
- ER visits
- Admissions (ICU?, intubation?)

Family History
- Asthma
- Allergic Rhinitis
- Eczema

Exposures
- Smoke
- Pets
- Molds
- Housing
- Daycare

Immunizations
- Flu
- Routine